Herfstcriterium 2026: Session: 4: Startlist per athlete for TEAM: ZGEEL

Coachinfo: Warming up from: 13:00 untill 13:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Loos Kim HEADCOACH

Coaches: Dillen Toon

Coaches: Vereecken Sven

PB => Personal Best time

Athlete: AGTEN VALERIO ÁLVARO

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M BREASTSTROKE MEN 13+	20	7	3	01:29.47	01:32.87	14:15 01:15
50M BUTTERFLY MEN 13+	23	9	6	00:33.53	00:33.11	15:30

Athlete: BOECKX LISA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M BUTTERFLY WOMEN 11-12	22	3	3	00:47.00	no time	15:05 02:05
100M BREASTSTROKE WOMEN 11-12	26	7	7	01:50.50	01:45.21	17:10

Athlete: COOLS YELENA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M MEDLEY WOMEN 13+	21	15	1	01:17.89	no time	14:55 01:05
200M BACKSTROKE WOMEN 13+	24	6	8	03:03.66	03:02.98	16:00

Athlete: CORNELIS KAAT

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
200M BACKSTROKE WOMEN 13+	24	13	1	02:37.29	no time	16:25

Athlete: DE FEYTER LUCAS

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M FREESTYLE MEN 11-12	25	10	3	01:15.86	01:16.75	16:50

Athlete: DJONOU IMBA ITZANA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M MEDLEY WOMEN 13+	21	6	2	01:26.44	no time	14:40

Athlete: HUFKENS ELINA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M MEDLEY WOMEN 13+	21	9	2	01:22.11	no time	14:45 01:15
200M BACKSTROKE WOMEN 13+	24	6	5	02:59.15	03:12.60	16:00

Athlete: LIEVENS RUBE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M BREASTSTROKE MEN 13+	20	7	2	01:29.52	01:36.79	14:15

50M BUTTERFLY MEN 13+	23	6	8	00:36.06	no time	15:25

Athlete: NEYRINCK RUBEN

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M BUTTERFLY MEN 13+	23	6	1	00:35.89	00:37.11	15:25

Athlete: NIEUWENHUIS ISAAC

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M FREESTYLE MEN 11-12	25	1	5	01:38.43	01:43.67	16:30

Athlete: NIEUWENHUIS ZOë

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M MEDLEY WOMEN 13+	21	4	2	01:29.50	no time	14:35 01:10
200M BACKSTROKE WOMEN 13+	24	2	5	no time	03:20.88	15:45

Athlete: POELS NOMI

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M MEDLEY WOMEN 13+	21	15	6	01:17.66	no time	14:55 01:05
200M BACKSTROKE WOMEN 13+	24	6	1	no time	03:01.19	16:00

Athlete: SCHEPERS LENTHE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M BUTTERFLY WOMEN 11-12	22	4	3	00:45.29	00:47.80	15:10 02:10
100M BREASTSTROKE WOMEN 11-12	26	12	2	01:37.55	01:54.21	17:20

Athlete: SEGERS EMMA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M MEDLEY WOMEN 13+	21	1	4	01:38.96	no time	14:30 01:15
200M BACKSTROKE WOMEN 13+	24	2	2	no time	03:23.64	15:45

Athlete: VALKENBORGHS YANNE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M MEDLEY WOMEN 13+	21	7	1	01:24.63	no time	14:40

Athlete: VAN ASTEN RENéE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M MEDLEY WOMEN 13+	21	8	2	01:22.79	no time	14:45

Athlete: VAN DE WEYER FOUKE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M BUTTERFLY WOMEN 11-12	22	3	6	00:48.11	00:52.45	15:05

100M BREASTSTROKE WOMEN 11-12	26	3	4	01:50.67	02:02.68	17:00

Athlete: VAN MEER RUNE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M FREESTYLE MEN 11-12	25	7	7	01:18.68	01:25.93	16:45

Athlete: VEREECKEN WANTER FELINE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
50M BUTTERFLY WOMEN 11-12	22	7	1	00:43.33	00:42.55	15:10
100M BREASTSTROKE WOMEN 11-12	26	3	1	01:54.34	02:01.27	17:00

01:50

Athlete: WOUTERS DORA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M MEDLEY WOMEN 13+	21	5	5	01:27.67	no time	14:35